

## POST DENTURE INSTRUCTIONS

- Your Dentures will take 24 hours to fully be seated within your mouth.
- If sore spots develop, warm salt water is the best solution to keep them clean and help them heal.
- If you need any adjustments, please call us to make an appointment. If you fail to schedule appointments for your adjustments, there may be issues with your fit later. (our scheduler will do their best to accommodate you)
- If your dentures are loose after the first 24 hours, use adhesive to keep them in place.
- After 3 months of use, if this is your first denture, you might need a temporary reline. (Some insurance companies provide coverage, but it's an out-of-pocket expense if insurance doesn't cover it or you don't have any insurance)
- After 6 months of use, you will need a lab reline. (Some insurance companies provide coverage, but it's an out-of-pocket expense if insurance doesn't cover it or you don't have any insurance)
- Make sure to sleep in your dentures. Having new dentures is a learning process, as it is a new part of your body. The more you wear your dentures, the more successful you will be.
- Clean your dentures every morning and every night as you would with natural teeth. To clean your dentures, use a denture cleaner. If you don't have one you can temporarily use warm water and dish soap (Do not use toothpaste)
- While your dentures are removed, brush your gums, tongue, and roof of your mouth with a soft bristled toothbrush and toothpaste
- Take good care of your dentures. As strong as denture acrylic is, it can also be very fragile. Treat them with care.
- If your denture breaks or is damaged do not attempt to fix them yourself. (Do not use super glue) Self repairs can make the denture non-serviceable so it cannot be repaired properly. (Contact our office to schedule a repair)
- We are not liable for upholding any warranty of your dentures if out-of-office alterations are made to them.