

DENTURE ADHESIVE

- Do not wear any denture adhesive on your denture when you come in for an adjustment.
- There are 3 types of denture adhesives. They are in the forms of paste, powder, and paper.
- Within these 3 types of adhesives there are different flavors, textures, and hold strengths.
- There is not one best adhesive for everyone, exploration is needed in order to find the denture adhesive that works best for you.
- Denture adhesive can be used in combination with each other for increased retention. (paste/powder, paste/paper, powder/paper, or paster/powder/paper)

ADHESIVE APPLICATION RECOMMENDATION

- Dry the denture
- Spread paste adhesive in an even layer throughout the dentures inner surface
- Soak in cold water for 20 seconds
- Pull out of water and allow excess water to drip off
- Sprinkle dry powder adhesive evenly on top of the paste adhesive
- Mist with water or mouthwash
- Insert in mouth and hold with firm pressure for 60 seconds
- Do not eat or drink for 20 minutes after placement